

Estera™ Phase I Women's Balance Formula

Estera™ Phase I Women's Balance Formula is designed to benefit women during the childbearing years. It contains a patent-pending blend of phytoestrogens, along with flaxseed powder lignans and indole 3-carbinol. Estera™ Phase I also provides relief from common Premenstrual Syndrome (PMS) symptoms like fatigue, mild mood swings, breast tenderness, and water retention.*

Benefits:

- Helps balance hormones with phytoestrogens*
- A combination of flaxseed powder lignans and indole 3-carbinol work with the liver to eliminate undesirable metabolites*
- Provides relief from common PMS symptoms*

Product Features:

Estera™ Phase I Balance is the first in the industry to provide a patent-pending combination of ingredients that addresses three primary health concerns for women in the child-bearing years.*

- The key ingredients in Estera are provided at levels found to be effective in clinical trials.
- Contains a proprietary source of soy isoflavones.
- Contains a patent-pending blend of genistein and pomegranate extract that provide a high concentration of phytoestrogens that have a mild estrogen receptor binding effect and are metabolized easily and safely.
- Contains flaxseed lignans and indole 3-carbinol that supports enzyme activity in the liver to help promote a healthy ratio of estrogen metabolites.*

Active Ingredients:

- Genistein – a powerful phytoestrogen from a proprietary source of soy isoflavones that contain 64 percent soy isoflavones with genistein – one of the highest potency soy extract on the market that retains the natural isoflavone ratio of soybeans.
- A blend of Indole 3-Carbinol and flaxseed lignans that support enzyme activity in the liver to promote healthy ratio of estrogen metabolites.*
- A blend of evening primrose oil, borage seed oil, and chasteberry – nutrients that work together to help alleviate the common symptoms of PMS.*

Price: \$66.70 (one month supply)

Availability:

To order Pharmanex® products, contact a local Pharmanex distributor, call the toll-free order line (1-800-487-1000) or log on to www.pharmanex.com.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

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