

**CONTACTS:**

Sydnee Fox: 801-345-2110

Bill Weidner: 801-345-2165

## Cortitrol™

The hormone cortisol is a necessary compound for the restoration of depleted energy stores; cortisol is produced by the body in response to stressful events. The occasional release of this "fight-or-flight" hormone is essential to the body's ability to respond to emergency situations. But too frequent release of cortisol in response to the daily stresses of increasingly hectic lives can have negative health consequences that include persistent fatigue, poor cardiovascular health concerns, decreased immune function, and weight gain.

Cortitrol™ Stress Control Formula from Pharmanex is a unique dietary supplement that helps the body cope with stress by modulating healthy levels of cortisol. Cortitrol™ Stress Control Formula combines natural ingredients that have been scientifically shown to have direct cortisol-balancing effects. Pharmanex's proprietary formula also contains an all-natural theanine extract made from green tea leaves. Theanine increases the brain's ability to produce a state of "relaxed alertness" to help consumers to sleep more soundly, respond to stress more calmly, and perform at their peak.\*

**Benefits:**

- Enhanced feelings of well being and control in response to stressful situations\*
- Improved performance and increased vigor throughout the day\*
- Better mental concentration and focus\*
- Supports weight maintenance efforts\*

**Features:**

- Unique patent-pending dietary supplement that supports healthy cortisol levels\*
- Proprietary blend of ingredients that both modulate cortisol levels and improve mental function\*
- Contains a proprietary, all-natural form of theanine extracted from green tea leaves

**Price:** \$36.00 (one month supply)

**Availability:** To order Pharmanex products, contact a local Pharmanex distributor, call the toll-free order line (1-800-487-1000) or log on to [www.pharmanex.com](http://www.pharmanex.com).

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*

###